



Name \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

For Delivery:

For Pickup:

**Orders Due By 08/06/2010 10:00 AM**

Cash/Check:

Credit Card:

Delivery Address \_\_\_\_\_ Zip \_\_\_\_\_

We accept Visa, MasterCard, and American Express. Order is not valid without signature.

CC Number: \_\_\_\_\_ Exp Month/Year: \_\_\_\_\_ Signature: \_\_\_\_\_

Billing Address \_\_\_\_\_ Zip \_\_\_\_\_

**Meals prepared for delivery or pickup on 08/09/2010**

♥=Heart Healthy    ✓=Vegetarian    Ⓢ=Low Carbs

Mark of the quantity of the meals you would like and fax the completed form to (713) 869-1995.

**Breakfast**

Spicy Breakfast Taco ✓♥	1200 Level	\$5.25	_____
	1800 Level	\$5.75	_____
Garden Vegetable Frittata Ⓢ♥	1200 Level	\$4.95	_____
	1800 Level	\$5.75	_____
Wheat Bagel ✓♥	1200 Level	\$4.45	_____
	1800 Level	\$5.15	_____
Oatmeal with Berries ✓♥	1200 Level	\$4.95	_____
	1800 Level	\$5.75	_____

**Lunch**

Marinated Sirloin Steak Salad	1200 Level (8)	\$12.25	_____
	1800 Level (10)	\$12.95	_____
Southwest Chicken Salad ♥	1200 Level (8)	\$10.25	_____
	1800 Level (9)	\$10.95	_____
Albacore Tuna Sandwich Ⓢ♥	1200 Level	\$10.25	_____
	1800 Level	\$10.95	_____
Dijon Chicken Pasta Salad ♥	1200 Level (7)	\$10.95	_____
	1800 Level (9)	\$11.45	_____

**Dinner**

Chicken Cacciatore ♥	1200 Level (9)	\$11.45	_____
	1800 Level (11)	\$12.25	_____
Sirloin Beef Fajitas	1200 Level	\$11.75	_____
	1800 Level	\$12.95	_____
Shrimp Creole ♥	1200 Level (6)	\$11.75	_____
	1800 Level (7)	\$12.45	_____
Pecan Crusted Fish and Chips ♥	1200 Level	\$10.95	_____
	1800 Level	\$11.95	_____

**A La Carte**

Steamed Artichoke with creamy sriracha sauce ✓	Whole	\$6.95	_____
Custom Vegetarian Platter ✓Ⓢ♥	a la carte	\$10.25	_____
Hot Vegetable Plate ✓♥	a la carte	\$9.95	_____
Fresh Fruit Platter ✓♥	a la carte	\$10.25	_____
Chicken Tortilla Soup Ⓢ♥	Quart	\$10.95	_____
Chef's Salad	a la carte	\$10.25	_____
Poached Salmon Filet Ⓢ♥	a la carte	\$9.95	_____
Lemon Rosemary Chicken Ⓢ♥	Whole	\$10.95	_____
Grilled Chicken & Vegetable Wrap ♥	a la carte	\$8.45	_____
MonaVie	Active	\$45.00	_____
	Original	\$45.00	_____