



Name _____

Phone _____

Email _____

For Delivery:

For Pickup:

Orders Due By 03/12/2010 02:30 PM

Cash/Check:

Credit Card:

Delivery Address _____ Zip _____

We accept Visa, MasterCard, and American Express. Order is not valid without signature.

CC Number: _____ Exp Month/Year: _____ Signature: _____

Billing Address _____ Zip _____

Meals prepared for delivery or pickup on 03/15/2010

♥=Heart Healthy V=Vegetarian ©=Low Carbs

Mark of the quantity of the meals you would like and fax the completed form to (713) 869-1995.

Breakfast

Spicy Breakfast Taco V♥	1200 Level	\$5.25	_____
	1800 Level	\$5.75	_____
Cranberry Orange Bread V♥	1200 Level	\$4.50	_____
	1800 Level	\$5.25	_____
Wheat Bagel V♥	1200 Level	\$4.45	_____
	1800 Level	\$5.15	_____
Garden Vegetable Frittata ©♥	1200 Level	\$4.95	_____
	1800 Level	\$5.75	_____

Lunch

Grilled Chicken on Greens ♥	1200 Level (6)	\$10.45	_____
	1800 Level (6)	\$11.45	_____
Grilled Hamburger	1200 Level (9)	\$10.45	_____
	1800 Level (11)	\$11.25	_____
Albacore Tuna Sandwich ©♥	1200 Level	\$10.25	_____
	1800 Level	\$10.95	_____
Mediterranean Flank Steak Salad	1200 Level	\$11.65	_____
	1800 Level	\$12.25	_____

Dinner

Chicken al Greque ♥	1200 Level	\$10.45	_____
	1800 Level	\$11.95	_____
Beef Tenderloin with Chived Potatoes and Caesar Salad	1200 Level (8)	\$12.95	_____
	1800 Level (10)	\$13.95	_____
Chicken Paillard ♥	1200 Level	\$13.25	_____
	1800 Level	\$13.95	_____
Halibut with Herbs de Provence Pilaf ♥	1200 Level	\$13.95	_____
	1800 Level	\$14.45	_____

A La Carte

Fresh Fruit Platter V♥	a la carte	\$10.25	_____
Hot Vegetable Plate V♥	a la carte	\$9.95	_____
Custom Vegetarian Platter V©♥	a la carte	\$10.25	_____
Italian Minestrone ♥	Quart	\$10.95	_____
Chef's Salad	a la carte	\$10.25	_____
Grilled Chicken & Vegetable Wrap ♥	a la carte	\$8.45	_____
Poached Salmon Filet ©♥	a la carte	\$9.95	_____
Lemon Rosemary Chicken ©♥	Whole	\$10.95	_____
MonaVie	Active	\$45.00	_____
	Original	\$45.00	_____

Kid Meals

Kid Meal - Chicken Tenders	Kid Meal	\$6.00	_____
Kid Meal - Beef Taco	Kid Meal	\$6.00	_____
Kid Meal - Spaghetti	Kid Meal	\$6.00	_____